



Survive is an organisation, in South Gloucestershire and Bristol, working towards Freedom from Domestic Abuse for children, young people and families. We have an excellent group programme called '**Back on Track**' for young people aged 11 to 17 who have experienced domestic abuse.

Purpose of Back on Track:

- We have **six years of expertise** delivering this highly specialist programme for young people who have experienced domestic abuse in the family home. Young People are able to **explore** their **experiences** of abuse through **safe, confidential** and **interactive sessions** and **gain tools** that will help them to **move on** and to feel **more confident** and **less isolated**.

Delivery Methods:

We provide the programme through 10 sessions of closed group work with expert facilitators. We always use an approach that is young people centred with parental engagement and support.

The Need for Domestic Abuse Group Programmes

- At least **750,000 children a year** witness domestic violence (Department of Health, 2002).
- United Nations Convention on the Rights of the Child, Article 39 states; '**Children who have been neglected or abused should receive special help to restore their self respect.**'

Achieving Excellent Outcomes for students:

- Young People report having improved safety and coping strategies
- **They have improved self perception, self esteem, confidence and resilience**
- They tell us that they experience less self-blame and don't feel so isolated
- **They tell us that they have improved family relationships**
- Their understanding of healthy and unhealthy relationships increases through our work

In line with National and Local strategies: National Curriculum – PSHE education (Personal Wellbeing) / South Gloucestershire Early Help Vision and Strategy, 2015-17 / South Gloucestershire Safeguarding Children Board, Business Plan 2015-16 / Promotion of British Values, 2014 (Department of Education)

For more information please contact: Lorri Weaving, Office Administrator on 0117 961 3065 Email: info@survivedv.org.uk

Prevention Works!